



Ribbleton Avenue Infant School and Nursery

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Hand, Foot and Mouth

Dear Parents and Carers,

I am writing to inform you about recent cases of Hand, Foot and Mouth Disease (HFMD) that have been reported within our school community. It is important for us to work together to ensure the health and well-being of all our children. This letter aims to provide you with essential information regarding the symptoms, treatment, and preventive measures associated with this illness.

Hand, Foot and Mouth Disease is a common viral infection that primarily affects young children. The symptoms typically include fever, sore throat, and a rash that can develop into painful sores in the mouth, as well as red spots or blisters on the hands and feet. While HFMD is usually mild and self-limiting, it is crucial to monitor your child for these symptoms and seek medical advice if they occur. Treatment generally focuses on relieving symptoms, such as using pain relievers and ensuring adequate hydration.

To prevent the spread of HFMD, we encourage you to reinforce good hygiene practices at home. This includes regular hand washing with soap and water, especially after using the toilet and before meals. Additionally, please keep your child at home if they exhibit any symptoms of HFMD to minimise the risk of transmission to other students.

We have undertaken a thorough deep-clean at school this week to reduce any infection spreading. We will continue to monitor this across school.

Should you have any concerns or require further information please follow this link to the NHS website for HFMD – <https://www.nhs.uk/conditions/hand-foot-mouth-disease>

Thank you for your cooperation and support in keeping our school community healthy.

Kind regards,

Mrs Bishop
Head Teacher

