



Ribbleton Avenue Infant School and Nursery

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29th October 2025



Dear Parents, Carers and Children,

Mrs Finnigan and Miss Kitt spoke to the children in assembly today about an event called junior parkrun! They talked about the benefits in taking part and got everyone involved in some fun practical activities!

Junior parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Junior parkrun is 2k, dedicated to 4-14 year olds and their families and friends of all ages, **every Sunday morning at 9.00am with a really fun warm up starting at 8.30am**. Junior parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last. Everyone is welcome to come along!

Excitingly, we are encouraging all children, teachers and families connected to Ribbleton Avenue Infant School to come along together to **Avenham Park junior parkrun on Sunday 12th October 2025**. It will be an amazing experience to walk, jog, run or volunteer with so many friends at junior parkrun. You can register for parkrun for free here - www.parkrun.org.uk/register/ or scan the QR code below.

Here are details of the event:

Avenham Park, Preston PR1 8JT

Every Sunday at 9.00am arrive at 8.30am for the fun warm up.

<https://www.parkrun.org.uk/avenhampark-juniors/>

If you can't attend each week, junior parkrun happens every Sunday so you can come any Sunday you are available.

We hope to see as many of you as possible on Sunday!!

Kind regards,

Mrs Bishop, Mrs Finnigan and Miss Kitt

